

Knee Replacement Surgery

Online Resources

Before your surgery, read and view these online resources for your knee replacement.

Booklets

[‘Before, During and After Hip and Knee Replacement Surgery’](#)

This booklet describes what you can do before, during and after hip and knee replacement surgery including overview about hip and knee replacement, pain control, what to expect while you are in the hospital, caring for yourself at home, and available resources.

Scan QR Code
to resource



[‘Exercise Guide for Knee Replacement Surgery’](#)

Patients who prepare for surgery and take part in their care can recover in less time and with less pain. This guide has general information along with tips and goals for exercising before and after surgery.



Videos

Joint Replacement

[Part 1:](#)

Preparing for Surgery.



[Part 3:](#)

Getting back on your feet.



[Part 2:](#)

A journey through the hospital



[Part 4:](#)

Pain Management.



A QR code (short for ‘quick response’ code) is a type of barcode that you scan with your smart device’s camera. Once scanned, it takes you to that web page.