



## *Managing Your Pain with PCA (Patient Controlled Analgesia)*

1. You are in control of your pain management.
2. It is important to medicate yourself before the pain becomes severe.
3. To receive a dose of medication, push the button as often as you need to.
4. However, for your safety, up to 8 minutes may pass before the next dose will be available, but there is no need to watch the clock.
5. The machine will beep when a dose of the medication has been delivered through your IV line.
6. Be sure to tell your nurse if your pain is not tolerable after several doses.
7. You cannot overdose yourself as long as **ONLY YOU PUSH THE BUTTON.**
8. **DO NOT** let anyone else push the button for you.