



# Take part in your care.

Ask us questions about the medications we are giving you. Your safety is important to us.



**Download today!**

## **You and Your Medications**

Learn how we can work together to make sure you understand your medicines while in the hospital and at home.



## **My Medication Card**

Use this as a tool to record your current medicines and allergies.

Visit: [patienteduc.fraserhealth.ca](http://patienteduc.fraserhealth.ca) and search by the title