

How to get help from the Allied Health Team

We support and treat both our patients and their families.

Call us if you think you might need our help or if you have any questions about our services.

Allied Health Team

Phone: 604-582-4550
Ext 764190

Depending on what you need:

- We might arrange an appointment for you to see one of us in the clinic.
- We might refer you to another service within Fraser Health.
- We might refer you to a service in your community.

Neurology Clinic

3rd Floor (3C)

Jim Pattison

Outpatient Care and Surgery Centre

9750 140th Street, Surrey, BC

V3T 0G9

www.fraserhealth.ca

This information does not replace the advice given to you by your health care provider.

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Meet Your Allied Health Team

Neurology Clinic

Jim Pattison
Outpatient Care and Surgery Centre



Allied health professionals work with doctors, specialists, and nurses to support your care. This pamphlet describes the four allied health professionals who work in the Neurology Clinic.

 **fraserhealth** Better health.
Best in health care.

Occupational Therapist

An occupational therapist is often called an 'OT'.

Our OT helps you learn or relearn everyday activities and looks at what help you might need to do these activities.

Everyday activities include:

- taking a shower
- getting dressed
- taking medicines
- doing household activities
- doing leisure activities
- returning to work

Our OT might also:

- Suggest equipment for your home.
- Check if you are safe to drive.
- Give you exercises improve your memory, your vision, and your coordination and strength.

Physiotherapist

A physiotherapist is often called the 'PT'.

Our PT treats people who have problems:

- walking
- moving and lifting
- feeling steady
- coordinating movements
- with numbness, tingling
- with weak muscles

Speech Language Pathologist

A speech language pathologist is also known as a 'SLP'.

Our SLP treats people who have problems:

- speaking
- understanding words and language
- reading and writing
- swallowing

Our SLP might also help you to find other ways to communicate, if needed.

Social Worker

An injury or disease of the brain and nerves can impact people in different ways. Our social worker can help you balance your emotional, physical, social, and spiritual health.

Our social worker can counsel you and/or your family about:

- lifestyle changes
- managing stress
- financial needs
- mental health and addictions
- abusive situations
- caregiver stress
- grief and loss
- end-of-life decisions

Our social worker can also help:

- Connect you with the home health program for support in the home and long-term care needs.
- Give you information about advance care planning, representation agreements, and powers of attorney.