

# Mifegymiso to Start Labour

## Fetal Diagnosis Service

Before coming to the hospital to have your labour started (induced), your doctor has prescribed a medicine called Mifegymiso (say *mif-fah-guy-mee-soh*).

This medicine is free from your pharmacy.



(Linepharma International)

Mifegymiso comes as a package of 2 medicines: mifepristone (green box) and misoprostol (orange box).

- Mifepristone 200 mg (say *mif-fah-pris-tone*) starts the process of labour by softening and relaxing your cervix. It also makes your uterus more sensitive to the second medicine, misoprostol.
- Misoprostol 200 mg (say *my-so-prost-all*) starts labour contractions.

### Are there times when a person should not take this medicine?

Some people should not take this medicine.

Tell your doctor if any of these are true for you:

- You have any type of bleeding problem.
- You have problems with your adrenal glands.
- You take any type of steroid medicine for asthma.
- You take blood thinners (anticoagulants).
- You have had an allergic reaction to mifepristone or misoprostol in the past.

### How to I take the medicine?

#### 1. Mifepristone (green box)

The box has one tablet.

Take the tablet 24 to 48 hours before the day of your induction. Swallow the tablet with water.

#### 2. Misoprostol (orange box)

This box has 4 tablets.

Bring this box with you to the hospital. Give it to the nurse. **Do not** take this medicine at home.

### What can I expect to happen?

After taking the mifepristone tablet, you can continue with your usual daily activities. Most people do not notice any obvious effects of the medicine. Some people get an upset stomach, spotting (light vaginal bleeding), or mild cramps.

### When should I get help?

Call the hospital checked off (☒) here any time you have concerns or if either these happen:

- vaginal bleeding more than spotting
- strong contractions

☐ Surrey Memorial Hospital 604-585-5572

☐ Royal Columbian Hospital 604-520-4586

**Note:** If you cannot speak or understand English well enough, have someone call for you. Or call and say your name, language, and phone number 3 times in English. We will call back with an interpreter.

Date of induction: \_\_\_\_\_

Time: \_\_\_\_\_

Fetal Diagnostic Service

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