

While in the hospital

Most people recover from this procedure in our Cardiac Surgery Intensive Care Unit. We move you to 2 North unit soon after you wake up.

Here is what you can expect:

- You will be drowsy.
- You will be in bed for 4 hours.
- You will be connected to a heart monitor.
- When you are more awake, you will be able to eat.

The next morning you can expect to:

- Have breakfast
- Get bloodwork
- Have these heart tests
 - electrocardiogram (ECG)
 - echocardiogram
- Be taught by your nurse how to care for yourself at home

We let you know what time you will be ready to leave the hospital.

Relatives and friends can call the 2 North unit to see how you are doing.

604-520-4052

Care at home

Follow the instructions given to you by your nurse.

It is important that you get up and get moving as much as possible without making yourself feel unwell.

Arrange to see your family doctor or nurse practitioner in 1 week.

Arrange to see your heart specialist (cardiologist or internist) in 6 to 8 weeks.

We arrange for you to return to the hospital in 6 to 12 weeks for:

- an echocardiogram
- an appointment to see the Mitral Valve doctor

When you have questions

Talk to your family doctor.

Speak to a nurse at Fraser Health Virtual Care 10:00 a.m. to 10:00 p.m. daily.

Phone: 1-800-314-0999

Live chat: fraserhealth.ca/virtualcare

Speak to a nurse after hours at HealthLinkBC.

Phone: 8-1-1 (7-1-1 hearing impaired)

Online: HealthLinkBC.ca

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #267162 (October 2021) Language
To order, visit patienteduc.fraserhealth.ca



Mitral Valve Transcatheter Edge-to-Edge Repair

Royal Columbian Hospital

330 East Columbia Street
New Westminster, B.C.

A quick guide on what to expect

Transcatheter Heart Valve Coordinator

Phone: 604-520-4392

Press 2

Call if you have questions or concerns about the procedure.



Before the procedure

Someone from our Transcatheter Heart Valve office will call you and let you know the date for your procedure.

Once you have a date, expect:

- a call or appointment with our Pre-Admission Clinic nurse
- to go for blood tests

While waiting for the procedure, keep track of your symptoms.

Contact your family doctor or heart specialist if your symptoms get worse.

Call 9-1-1 if you get either of these things:

- Chest pain that is new or does not go away with rest or nitro spray
- Shortness of breath all the time

Arrange for someone to stay with you for the first night at home after the procedure.

If you do not speak or understand English well enough to have medical conversations, let us know. We will arrange for a medical interpreter. You do not pay for this service. You are welcome to bring a relative or friend who speaks English. Let us know who that will be.

Prepare for the procedure

Plan to stay in the hospital for one night. You come to the hospital the day of the procedure and go home the next day.

If you take certain blood thinners, you need to stop taking them a number of days before your procedure, unless your doctor has told you something different.

Days before procedure	Stop taking
5 days	warfarin
3 days	apixaban rivaroxaban dabigatran edoxaban

The day before your procedure

At 11:00 a.m., call the hospital unit, 2 North, to find out what time to arrive the next day. **604-520-4052**

The day of your procedure

If you take any of these medicines, **do not take** them today unless a doctor has told you something different.

- × diuretics (water pills)
- × short acting insulin
- × metformin
- × blood thinner

Take your other medicines, including if you take these medicines:

- ✓ acetylsalicylic acid (aspirin)
- ✓ clopidogrel
- ✓ ticagrelor

Note: If you have any questions about what medicines to take or not take and when, call your doctor or the Transcatheter Heart Valve Coordinator.

What to bring to the hospital

Bring the following items with you:

- your BC Services Card
- all the medicines you normally take
- toothbrush and toothpaste
- dressing gown
- slippers

If you wish, you can bring a phone and/or a tablet.

When you arrive

Go directly to Patient Registration.

Patient Registration is located in the main lobby on Level 1 of the Health Care Centre building (Green Zone).