

Neonatal Therapy in NICU

During your stay in the Neonatal Intensive Care Unit (NICU), you and your baby might be seen by one of our **Neonatal Therapists**.

Your Neonatal Therapy team might include an Occupational Therapist, a Physiotherapist, and/or a Speech- Language Pathologist. We are here to help you and your baby during your stay in the NICU.

You play a very important role in your baby's development. The world can be very overwhelming for a premature baby. We can help you learn the skills to care for your baby.

Soon your baby will be learning how to feed. Speech-Language Pathologists and/or Occupational Therapists are part of the Feeding Team. We can help as your baby learns to breastfeed and/or bottle feed.

As your baby grows, we will be looking at their development. This includes their movements, muscle strength, communication, and behaviour. We can teach you how to support your baby with their development while in the NICU and when your baby goes home.



We encourage you to attend our **group parent education sessions**. The sessions run throughout the month. These sessions are specific for premature babies and focus on a variety of topics, from feeding to safe sleep and car seat safety. Any parent or caregiver is welcome to attend.

Lastly, we might ask for your baby to have a **developmental follow-up** in the community. These professionals will continue to support your baby's growth and development at home.

We look forward to meeting you and your baby!