

Who can I talk with about any questions, compliments, or concerns?

If you have any questions, compliments, or concerns, talk to:

- your nurse
- the Patient Care Coordinator or nurse in-charge
- your doctor

Look on the 'Understanding My Stay' board for the name(s) of your nurse and doctor.

Also, you or your family can use the board to write down your questions.

Keeping healthy

To prevent illness or infection, we ask everyone to clean their hands regularly. Always use the hand wash stations when you leave and enter the unit. We might ask you or your visitors to wear special protection such as a mask, gloves, or gown.



When I leave the P.A.T.H. Unit

We work with you and your family to plan your return home or to another facility in the community. Your plan for leaving focuses on what you need to be safe as well as on your overall health and well-being.

For the day you leave:

- Arrange for someone to pick you up any time **before 11:00AM.** (This gives us time to get the bed ready for the next person.)
- Tell your nurse how you plan to get home.
- Make sure you have all your personal belongings, your medications brought in from home, and any new prescriptions for medications.
- Make sure you have names and/or dates for follow-up appointments.

www.fraserhealth.ca

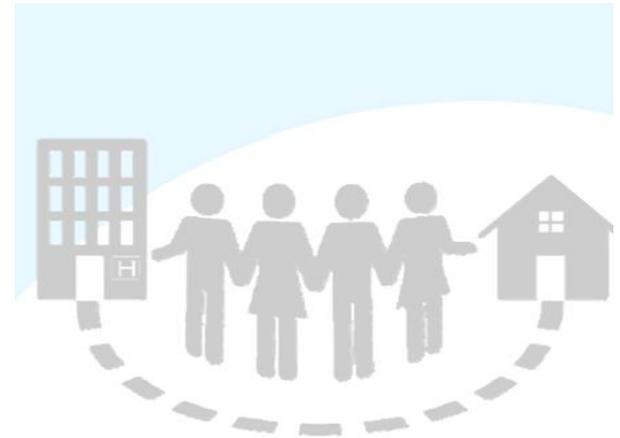
This information does not replace the advice given to you by your healthcare provider.

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To order: patienteduc.fraserhealth.ca

P.A.T.H Unit

Patient Assessment and Transition to Home

Mission Memorial Hospital



604-814-5200

Serving the communities of
Abbotsford and Mission

 **fraserhealth**

Patient Assessment and Transition to Home



Our unit provides an environment that promotes your strengths and abilities.

The team works with you and your family to develop a plan for your care that is based on your needs.

To help you maintain your well-being, we support you to:

- Be as mobile as possible.
- Do much of your own personal care.
- Get up for meals.
- Dress in your own clothes.

Working together

We are here to help you improve your ability to manage your care needs as independently as possible and help your transition to home or community.

What I need to bring:

- Comfortable street clothes
- Appropriate footwear (shoes and slippers)
- Toothbrush, Toothpaste, Denture Cleaner
- Shaving equipment
- Comb / Brush
- Deodorant
- A special pillow or blanket
- Personal unscented creams or unscented lotions

UNDERSTANDING MY STAY			
Today's Date:	My Nurse is:	My Preferred Name:	Message or Questions from me or my Family
My Doctor Today:	Limits/Special Instructions:		
My Goal or Plan for Today:			
I am Going Home on:			

Who is on my care team?

- You and your family
- Physician
- Patient Care Coordinator
- Quick Response Case Manager
- Nursing Staff
- Health Care Assistants
- Physiotherapist
- Rehabilitation Assistant
- Occupational Therapist
- Social Worker
- Dietitian
- Pharmacist
- Resources in your community

We start planning for your return home as soon as you come into the hospital. We regularly meet to review your treatment and recovery.

We use the 'Understanding My Stay' board to let everyone know the plan.

Visitors

We welcome family including children. Visitors can come at any time. We might ask to limit the number of visitors to 2 or 3 at a time, depending on your or your roommates' needs. Rest time is between 1:30 and 3:30PM.

If someone wants to bring in food or medication for you, please check with your nurse first.

Our nurses change shift at 7:15AM and 7:15PM. We might not be available to answer questions until we have completed the changeover.