

HOURS OF OPERATION:
Wednesday and Thursday
9:30 A.M. to 4:30 P.M.

APPOINTMENTS BY:
Physician Referral or
Emergency Room Referral



FOR MORE INFORMATION CALL:
604-851-4700 Local 646267
or fax referral to
604-851-4787

The Pediatric Asthma Clinic
Helping You Help Yourself

AGES 0 - 16

PEDIATRIC ASTHMA CLINIC

ABBOTSFORD REGIONAL HOSPITAL



CUT TO
8.5" X 182mm

32900 Marshall Road
Abbotsford, BC V2S 0C2

Tel: 604-851-4700 Local 646267
Fax: 604-851-4787

CONTROL YOUR ASTHMA
DON'T LET IT CONTROL YOU



The goal of the Pediatric Asthma Clinic is to help you gain and maintain control of your asthma through education and support.

AT THE CLINIC YOU WILL LEARN:

- What asthma is
- To recognize and understand the signs and symptoms of asthma
- To identify your asthma triggers
- To diminish asthma triggers
- To understand the purpose of the medications
- The proper technique of taking the medications
- The correct use of an aerochamber
- To control exercise-induced asthma
- To follow a personal asthma action plan
- To achieve and maintain optimal control



INTEGRATED CLINICAL SERVICES:

Your asthma progress will be monitored for 1 year, approximately 6 visits.

You will be seen by a Pediatrician.

Pulmonary Function Tests (breathing tests) will be done on children 6 years of age and older.

You will receive individual education support at each clinic session.

WE WILL HELP YOU:

Establish and maintain control of your asthma.

Develop the self-management skills to take care of your asthma.

Become an informed decision-maker and play an important part in your asthma management and control.

