

## We help with:

- Maintaining good health.
- Managing diet, insulin, and exercise.
- Diabetes-related questions.
- Learning new diabetes information.
- Moving from pediatric to adult care.



## Pediatric Diabetes Clinic

Abbotsford Regional Hospital

## How to contact us:

Phone: 604-851-4700 Local 646267  
Fax: 604-851-4790



Pediatric Outpatient Clinic  
Baker 4  
**Abbotsford Regional Hospital**  
2900 Marshall Road  
Abbotsford, BC



[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given  
to you by your healthcare provider.

Catalogue #265812 (April 2018)  
To order: [patienteduc.fraserhealth.ca](mailto:patienteduc.fraserhealth.ca)



## What we do

---

Our goal is to help you and your child maintain control of diabetes. We do this with support and education.

Your child sees a registered nurse and dietitian with each visit. Your child also sees either the pediatrician or the specialist in diabetes (endocrinologist).

When diabetes is first confirmed, we follow your child's health closely. When you are more comfortable dealing with your child's diabetes at home, we see you every 3 months.



## Who we are

---

### Diabetes Clinic Nurse

- Checks your child's health.
- Reviews how you and your child are managing the diabetes at each visit.

### Dietitian

- Reviews your child's meal plan and any food-related concerns you might have.

### Pediatricians

- The pediatrician will see your child at every other clinic visit.

### Endocrinologist

- Specialist in diabetes that might see you every three months.

## Your Clinic Visit

---

At each Clinic visit, we:

- Test HgbA1C.
- Measure height, weight, and blood pressure.
- Review blood sugar (glucose) readings.
- Monitor nutrition to make sure it is enough for growth and development.
- Make sure medications are being taken or given correctly.
- Talk about any challenges you or your child are experiencing with managing the diabetes.



Blood analyzer for HgbA1C