

Peritoneal Dialysis

Switching to Twin Bags in an Emergency

In case of emergency

- Always keep a **7 day supply** of Twin Bags on hand in case of an emergency such as a power outage or Cyclor malfunction.
- Have available at least 3 extra boxes of Twin Bags of each solution strength you commonly use on the Cyclor.
- Check expiration dates of your emergency supplies every month.

Warming Twin Bag Solutions in a power outage

It will not hurt you to fill with a Twin Bag that is at room temperature. However, filling may be more comfortable if the Twin Bag is warmed first.

Options for warming a Twin Bag:

- Put the Twin Bag in the sun.
- Use body heat
- Wrap it in a towel next to a full hot water bottle.

Never submerge the Twin Bag in water.

Please Turn Over



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This information does not replace the advice given to you by your healthcare provider.

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To order: patienteduc.fraserhealth.ca

To switch from Cyclor to Twin Bags

If a power outage happens at night while you are connected to the Cyclor, follow steps 1 to 11.

If a power outage happens during the day, follow steps 7 to 11.

Steps

- 1) Remain connected to the Cyclor until morning.
- 2) In the morning, disconnect from the Cyclor.
- 3) Connect to a 7.5% Twin Bag and try to drain.
- 4) If fluid drains out, allow drain to finish and then fill with the 7.5% Twin Bag.
- 5) If no fluid drains out, fill with the 7.5% Twin Bag.
- 6) Leave fluid to dwell for the rest of the day.
- 7) If power returns on the same day (Day 1), set up Cyclor and continue as usual.
- 8) If power does not return on Day 1, do another 7.5% Twin Bag exchange at bedtime.
- 9) If power returns on Day 2, do **CAPD (four Twin Bag exchanges)*** for the day and return to Cyclor at bedtime.
- 10) If power does not return on Day 2 and beyond, continue with **CAPD (four Twin Bag exchanges each day)***.
- 11) Once the power returns, set up Cyclor and continue as usual.

***For Twin Bag Procedure, see CAPD Training Manual Flipchart.**

Choosing Solutions

Remember to continue to check your weight and blood pressure each day. Refer to the **CAPD Training Manual** to determine which strengths to use.