

Your room



Sometimes men and women share the same room.

If you are covered by BC Medical Services Plan, there is no fee for a bed in a 4-bed shared room.

There is a fee if you ask for a Semi-Private or Private room.

If you prefer a private room or to share with only 1 person, ask for 'Preferred Accommodation' when you pre-register. We will try to give you the type of room you ask for whenever possible.

Sometimes we need to cancel or change the preferred accommodation because of the medical needs of another person.

We accept cash, cheques, Visa, and MasterCard.

When it is time to leave the hospital

The day you are scheduled to go home, please be ready to leave the hospital sometime before 4:00 p.m.

You will need comfortable clothes to wear to go home.

Gift Shop



Our gift shop on the main level of the Health Care Centre (Green Zone). Magazines, flowers and gift items are available. A mobile cart visits the nursing units Monday to Friday.

Hours:

Monday to Friday Sat/Sun/Holidays
10:00 a.m. to 8:00 p.m. 1:00 to 8:00 p.m.

My Notes

Royal Columbian Hospital

330 E. Columbia St.
New Westminster, B.C.
V3L 3W7

www.fraserhealth.ca

This information does not replace the advice given to you by your health care provider.

Catalogue #258141 (August 2019)
To order: patienteduc.fraserhealth.ca

Preparing for Heart Surgery

Admit the Day Before Surgery

Royal Columbian Hospital
Cardiac Services

I am having _____ Surgery

Date: _____

Check-in Time: _____

The date you are to come to the hospital:

- Call 604-520-4518 at 12:00 p.m.
- Ask what time to check-in.



If you get a cold, fever, or feel like you have the flu before your surgery date, call the **Cardiac Services Triage Office** as soon as possible.

604-520-4392

Before your surgery

Follow all instructions from the Pre-Admission Clinic about **medications**.

Follow all the **general instructions** you got from the Cardiac Surgery Triage Office.

If you have any questions or concerns before your surgery date, call the Cardiac Services Triage Office.

Note: If you are a smoker, please do not smoke the day of your surgery.

Leave all valuables at home

- Remove all jewellery.
If you cannot remove a ring, have it cut off by a jeweller.
- **Do not** keep cash, credit cards, or other valuables with you.

The hospital cannot be responsible for any lost or stolen items.

Coming to the hospital

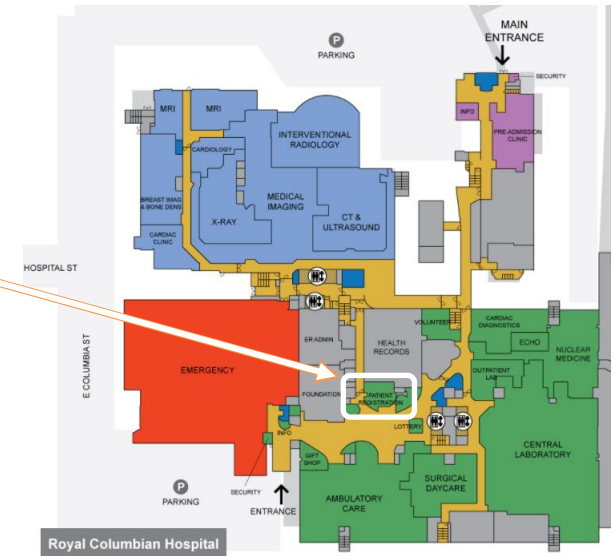
Report to Patient Registration at the specified time given to you when you called at 12:00 p.m. Patient Registration is just off the lobby in the Health Care Centre (Green Zone).

Bring your BC Services Card / BC Care Card (personal health number) and photo identification.

If you don't speak or understand English well enough for medical conversations, you can either ask us to arrange a medical interpreter for your visit or bring someone with you as your interpreter.

What to Bring

- medications in original containers
- housecoat and non-skid slippers (heels in the back, non-slip soles)
- clean underwear: several pairs (3) of briefs/panties
women - a comfortable, well-fitting bra with front closure and without underwire
- toothbrush and toothpaste
- brush/comb
- eye glasses
- electric shaver
- hearing aids (batteries)
- dentures
- cell phone and charger



After your surgery

You will wake up in the Cardiac Surgical Intensive Care Unit (CSICU).

To help streamline communication and limit the number of calls to the unit, we ask you to pick 1 person to be the main contact for the family.

We welcome immediate family and significant others to visit for short periods.

The day after surgery, many people are moved to the Cardiac Surgical Stepdown Unit (2 South).

Note: The Cardiac Surgical Stepdown Unit has a mandatory rest period from 1:00 to 3:00 p.m. No visitors are allowed during this time.