

Your room

If you have BC

Medical Services Plan, there is no fee for a bed in a 4-bed shared room. People of all genders might share the same room.

If you would like a private room or to share with only 1 person (called semi-private), ask when you pre-register.

There is a fee if you ask for a semi-private or private room. We accept cash, cheques, Visa, and MasterCard.

We might not give you a private room or we might need to cancel or change your request because the room is needed for other patients with medical reasons that require a private room.

When it is time to leave the hospital

The day you are scheduled to go home, please be ready to leave the hospital sometime before 4:00 p.m.

Your nurse will talk to you to set up a time with the person who will be taking you home.

You will need comfortable clothes to wear to go home.



My Notes

Royal Columbian Hospital

330 E. Columbia St.
New Westminster, B.C.
V3L 3W7

www.fraserhealth.ca

This information does not replace the advice given to you by your health care provider.

Catalogue #258141 (February 2023)
To order: patienteduc.fraserhealth.ca

Preparing for Heart Surgery

Admit the Day Before Surgery

Royal Columbian Hospital
Cardiac Services

I am having _____ Surgery

Date: _____

Check-in Time: _____

The date you are to come to the hospital:

- Call 604-520-4518 at 2:00 p.m.
- Ask what time to check-in.



Call **604-520-4392** at **Cardiac Services Triage Office** as soon as possible if you notice any new or worsening signs of illness such as:

- | | |
|---------------------|----------------------|
| – fever | – diarrhea |
| – cough | – sore throat |
| – trouble breathing | – body aches, |
| – headache | – loss of smell or |
| – chills | – taste |
| – nausea | – loss of appetite |
| – vomiting | – feeling very tired |

Before your surgery

Follow all instructions from the Pre-Admission Clinic about **medications**.

Follow all the **general instructions** you got from the Cardiac Surgery Triage Office.

If you have any questions or concerns before your surgery date, call the Cardiac Services Triage Office.

Note: If you are a smoker, please do not smoke the day of your surgery.

Leave all valuables at home

- Remove all jewellery.
If you cannot remove a ring, have it cut off by a jeweller.
- **Do not** keep cash, credit cards, or other valuables with you.

The hospital is not responsible for any lost or stolen items.

Coming to the hospital

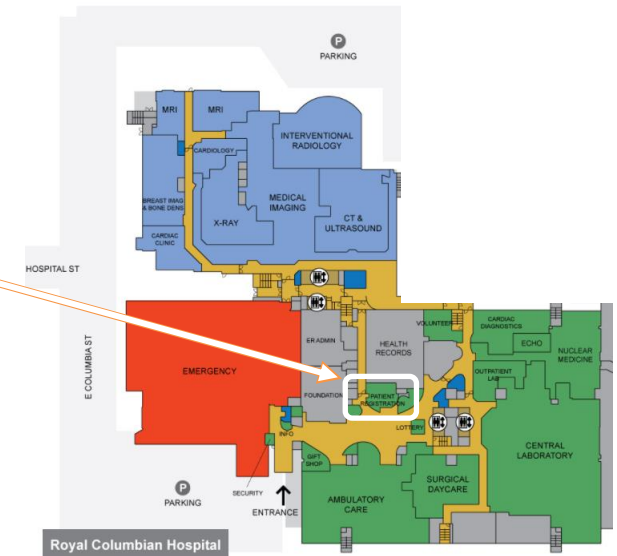
Report to Patient Registration at the time given to you when you called at 12:00 p.m. Patient Registration is just off the lobby in the Health Care Centre (Green Zone).

Bring your BC Services Card / BC Care Card (personal health number) and photo identification.

If you don't speak or understand English well enough for medical conversations, you can either ask us to arrange a medical interpreter for your visit or bring someone with you as your interpreter.

What to Bring

- ☐ medications in original containers
- ☐ housecoat and non-skid slippers (heels in the back, non-slip soles)
- ☐ underwear, at least 3 pair
- ☐ bra (comfortable and well-fitting) with front closure and without underwire
- ☐ toothbrush and toothpaste
- ☐ brush, comb
- ☐ eye glasses
- ☐ electric shaver
- ☐ hearing aids (batteries)
- ☐ dentures
- ☐ cell phone and charger



After your surgery

You will wake up in the Cardiac Surgical Intensive Care Unit (CSICU).

To help streamline communication and limit the number of calls to the unit, we ask you to pick 1 person to be the main contact for the family.

We welcome immediate family and significant others to visit for short periods.

The day after surgery many people are moved to the Cardiac Surgical Stepdown Unit (2 South).

Note: The Cardiac Surgical Stepdown Unit has a mandatory rest period from 1:00 to 3:00 p.m. and 10:00 p.m. to 7:00 a.m. We prefer no visitors during these times.