

Reducing Falls and Injuries in Hospital

- **Go with your child to the toilet when your child:**
 - is connected to any equipment (such as oxygen or an IV)
 - has been given or is getting medication(s)
 - has just had surgery (or a procedure)
- **Keep all crib rails up in the highest position**
- **Do not share the bed with your child**
- **Do not hold your child when you are tired or sleepy to reduce the chance of dropping them**
- **Do not walk while carrying your child**
- **Do not let your child:**
 - run in hospital
 - stand or ride on any equipment (such as IV poles or stools)
- **If your child uses a wheelchair or a stroller, make sure all seat belts/safety straps are fastened correctly**

