

What you can do to help

- Do not wear or bring scented products into a Fraser Health space. For example flowers or perfume.
- If you are not sure if a product has scents or is included in this policy, please reach out to a Fraser Health employee.
- If a Fraser Health employee visits your home, try not to use scented products while the employee is there or just before they arrive.
- Let a Fraser Health employee know if you are sensitive to scented products.

Note: If you accidentally wear or bring scented products into a Fraser Health space, you might be asked to remove it.

Images: Flaticon.com

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

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To order: patienteduc.fraserhealth.ca

Scent-Free Spaces

How we can make our space safer by going Scent-Free



What do we mean by Scent-Free?

When we talk about scents, that usually means smells from cosmetics and personal hygiene products like perfumes and lotions. Scents can also come from other products such as air fresheners and cleaners.

Health Canada requires products that are “Fragrance Free” or “Unscented” to have no fragrances added to the cosmetic product, or have a masking agent added in order to hide scents from the other ingredients in the cosmetic.

Products that have these labels can be used as a rough guide when choosing products.

Why do we need to be Scent-Free?

Scents can cause health problems such as headaches, nausea, shortness of breath, and sinus congestion. They can also trigger asthma symptoms.

Fraser Health Scent-Free Policy

We have a Scent-Free Policy. We ask all employees, doctors, volunteers, clients and visitors to not use, bring or wear scented products in Fraser Health facilities.

There are times when some medicines or traditional cultural ceremonies might produce a smell.

Examples of Scented Products

Scented products include but are not limited to:

Personal products:

- perfumes
- colognes
- aftershave
- scented shaving lotions
- scented lotions
- deodorants
- shampoos and conditioners
- hairsprays and creams.
- scented candles
- potpourri
- scented ornaments.

Non-personal Products

- Scented household and industrial cleaning products
- air fresheners
- marker pens
- Some types of garbage bags or other products with a scent or fragrance.
- Some types of flowers.