

## Social Workers are \* ...

- ✓ **Educated** with university degrees at the bachelors, masters, or doctorate level.
- ✓ **Ethical** and accountable to their:
  - Code of Ethics  
(Approved by the BC College of Social Workers)
  - Standards of Practice  
(Adopted by the BC College of Social Workers)
- ✓ **Experienced** in looking at all aspects of a person's life, and working with people in the overall context of their environment.
- ✓ **Effective** in advocating for the services and resources people need, and helping them to find their way through complex or confusing systems.

\* Adapted with permission from the BC Association of Social Workers

## How do I contact the Social Worker?

Your Social Worker is:

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Office Hours:

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For an appointment, call:

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Social Workers are dedicated to supporting the health and well-being of residents and their families.

Residential Care Social Workers are committed to the values of individuality, acceptance, diversity, and self-determination.



## Social Work Services in Residential Care



[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #264650 (December 2015)

To order: <https://patienteduc.fraserhealth.ca>



## What is a Social Worker?

Social Workers in Residential Care focus on your health and emotional well-being.

Social Workers:

- Assess your strengths and needs.
- Link you with professionals and services to address your needs.
- Help you manage health, social, and relationship changes.
- Focus on your rights to take part in decisions that impact you.

## How can a Social Worker help me and my family?

Our Social Workers can help you:

- Understand how things work in your new home.
- Get to know the people who help plan your care.
- Feel supported through change to living here.
- Keep your connections in your community.
- Get any benefits that are available to you such as pensions and subsidies.

## What can I talk to a Social Worker about?

Any resident can talk to a Social Worker about any issues and concerns they have.

Examples of issues and concerns:

- Family or friend relationships
- Cultural beliefs
- Adjusting to life in residential care
- Living with chronic health conditions
- Separation and loss
- End of life
- Wishes for care if you are not able to speak for yourself (Advance Care Planning)
- Managing grief
- Finances and personal affairs
- Other personal issues that you may be concerned about

**A social worker is available to you and your family during your stay in residential care.**