

Who can refer you to our clinic?

You can be referred to us by your:

- Primary care doctor
- Primary care nurse practitioner (NP)
- Specialist
- Registered Nurse
- Allied health professional
- Home Health professional
- Mental Health and Addiction professional

Referral forms are available to healthcare providers from any of our Specialized Seniors Clinics and online through the doctors' Pathways Directory.

Specialized Seniors Clinics

Abbotsford 604-851-4775
Abbotsford Regional Hospital

Chilliwack 604-701-3615
Chilliwack General Hospital

Delta 604-946-1121
Delta Hospital Ext. 783062

Langley 604-539-4328
Langley Memorial Hospital

Mission 604-814-5170
2nd Floor, 7298 Hurd Street

New Westminster
604-528-5031 (press 1)
#230A - 230 Ross Drive

Surrey 604-582-4582
Jim Pattison Outpatient Care
and Surgery Centre
9750 140th Street

White Rock 604-535-4577
Peace Arch Hospital, Berkeley
Pavilion

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #256077 (August 2020)
To order: patienteduc.fraserhealth.ca

Specialized Seniors Clinic



 **fraserhealth**

Who are our clients?

Our clinic helps seniors who:

- are 65 years or older
- have multiple health issues
- who are experiencing recent changes in:
 - memory
 - behavior
 - mobility, including multiple falls
 - ability to be independent
 - symptoms related to chronic illnesses

How do we help you and your family?

We are a specialized health care team focusing on **your** health goals.

To help you reach your goals, we:

- ✓ Assess you, your health, and your situation then propose a plan for care and treatment.
- ✓ Review the medicines you are taking and suggest any changes.
- ✓ Check how well you are able to move about and get around then suggest ways to prevent falls.
- ✓ Teach you and your family about your health, and how best to care for yourself.

How do we support you and your family?

We help you to stay as healthy and independent as possible.

We encourage and support you to create and use ways for how to safely care for yourself (self-management).

We help with future care planning.

We connect you with community resources, when needed.