

## Who can refer you to our clinic?

A referral can be made by your:

- Primary care doctor
- Primary care nurse practitioner (NP)
- Specialist
- Registered Nurse
- Allied health professional
- Home Health
- Mental health and addiction team

Referral forms are available to healthcare providers from any of our Specialized Seniors Clinics and online through the doctors' Pathways Directory.

## Specialized Seniors Clinics

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### Abbotsford Clinic

Abbotsford Regional Hospital  
(604) 851-4775

### Delta Clinic

Delta Hospital  
(604) 946-1121; Ext. 783062

### Mission Clinic

2nd Floor, 7298 Hurd Street  
(604) 814-5170

### New Westminster Clinic

#230A - 230 Ross Drive  
(604) 528-5031; press 1

### Surrey Clinic

Jim Pattison Outpatient Care and Surgery Centre  
9750 140th Street  
(604) 582-4582

### White Rock Clinic

Peace Arch Hospital, Berkeley Pavilion  
(604) 535-4577

[www.fraserhealth.ca](http://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #256077 (November 2018)  
To order: [patienteduc.fraserhealth.ca](mailto:patienteduc.fraserhealth.ca)



## Specialized Seniors Clinic



**fraserhealth**



## Who are our clients?

Our clinic helps seniors who:

- are 65 years or older
- have multiple health issues
- who are experiencing recent changes in:
  - memory
  - behavior
  - mobility, including multiple falls
  - ability to be independent
  - symptoms related to chronic illnesses

## How do we help you and your family?

We are a specialized health care team focusing on **your** health goals by:

- ✓ Doing a complete assessment and recommend a plan for care and treatment.
- ✓ Reviewing the medicines you are taking and suggest any changes.
- ✓ Assessing your ability to move about and risk for falls.
- ✓ Teaching you and your family about your health, and how best to care for yourself.

## How do we support you and your family?

We help you to stay as healthy and independent as possible.

We encourage and support you to create and use strategies for how to safely care for yourself (self-management).

We help with future care planning.

We connect you with community resources, when needed.