

How to Access Our Service

To become a client, just come in and ask for help.

9:00 a.m. to 3:00 p.m.
Monday to Friday

We also offer walk-in counselling services for registered clients.

9:00 a.m. to 3:00 p.m.
Monday to Friday.

Call us for more information.

8:30 a.m. to 4:30 p.m.
Monday to Friday
604-580-4950

Our Team of Professionals

All of our counsellors have:

- experience, caring, and commitment to the people we serve
- specialized education in substance misuse and related issues
- master's degree

Surrey Substance Use Services
102 – 13670 94A Avenue
Surrey, BC, V3V 1N1

Phone: 604-580-4950
Fax: 604-580-4966

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Substance Use Services

Surrey



You're Not Alone ...
Help Is Available!

 **fraserhealth**
Better health. Best in health care.

Catalogue #251513 (December 2019)
To order: patienteduc.fraserhealth.ca

**Concerned about your alcohol or drug use?
Tired of trying to make a change and not succeeding?
Affected by someone else's use?**

We Can Help!

Making changes is hard. Often, it helps to talk to someone knowledgeable and understanding, someone who can help you in reaching your goals.

Whether you want to cut down, quit, or are struggling with someone else's alcohol or drug problem, we can help.

What We Do

We offer our clients and community members:

- free counselling
- referrals
- education
- group sessions

We involve our clients in their treatment planning, including goal setting and outcome evaluation.

We use a holistic approach that helps people to enhance many areas of their life.



Our objectives are to:

- decrease substance misuse
- improve health
- improve family, social, employment, and educational functioning

We are a direct service of Fraser Health.

Who We Help

Anyone living in Surrey who is concerned about their own use or someone else's substance use.

Concerns can be related to any mood-altering substance, such as alcohol, street drugs, club drugs, inhalants, as well as prescription and over-the-counter medicines.

We provide support for:

- youth 16+
- adults 19+
- older adults 60+
- couples
- families

What You Can Expect From Us

- ✓ To be treated with respect and honesty by program staff.
- ✓ To receive service that is confidential. There are some legal exceptions to our confidentiality policy, and your counsellor will review these with you.