

SIGNS OF AN OPIOID OVERDOSE

Learn how to spot an overdose and what to do.



Breathing
slow or absent



Cannot be woken up
or not moving



Snoring sounds
or coughing, gurgling,
or choking sounds



Dizziness
and disorientation



Cold
or clammy skin



Pupils
extremely small



Discolouration
of lips and nails

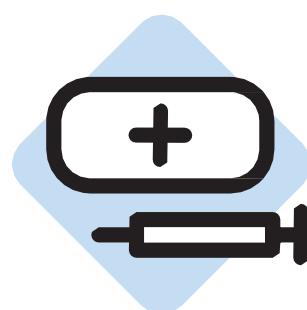
CALL 9-1-1 RIGHT AWAY!

Your address: _____

THEN:



Give breaths
1 breath every
5 seconds



Use naloxone
if you have it