

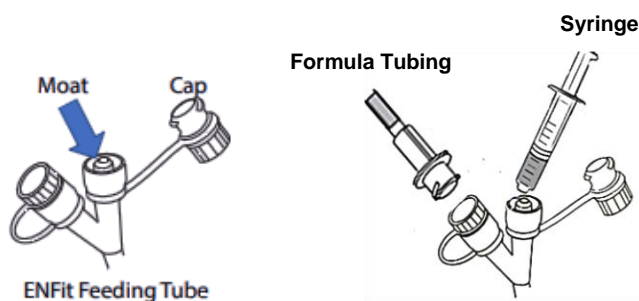
Taking Care of Your ENFit® Connectors

What are ENFit® connectors?

They are connectors that only fit with ENFit® tubing and syringes made for tube feeding.

How do I use the connectors?

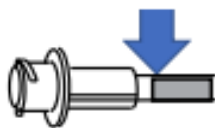
Twist off the cap of the tube to access the ports (the openings). Each port has a moat (a space) where the formula tubing and syringe twist into place.



To connect the formula tubing or syringe to the port, twist clockwise until snug. Do **not** tighten too much because this can cause the connection to get stuck.

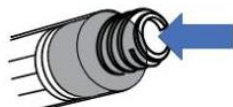
When priming formula tubing, leave a small amount of space at the end of the tube so that formula does not drip out.

This will help your tube stay clean and prevent it from getting sticky.



When connecting formula tubing, point your feeding tube toward the ground. This stops formula from collecting in the moat.

When connecting syringes, wipe clean the outside edges of the tip before twisting the syringe into the moat.



How do I clean the ports?

Cleaning your ports helps your supplies fit together easily and prevents sticking. It also reduces the chance of growing bacteria that could make you sick.

After each use, rinse the ports on the end of your tube by swirling in clean water for 2 to 3 seconds.



Every day, follow these steps to clean your tube ports:

1. Wash your hands.
2. Clamp or pinch your tube.
3. Wet the cleaning brush. Use the brush recommended by your care team. For adults, this is often a clean toothbrush.
4. Scrub the moat by rotating the brush back and forth until the moat is clean.
5. Wipe the cap of the tube with a clean cloth or gauze. Use the brush to remove any formula that is stuck.
6. Dry the moat and the cap using gauze or a clean and dry towel.
7. Rinse the brush and let air dry. Replace brush as needed.



What if the connection is stuck?

1. Place the connection in warm water or wrap in a moist towel for a few minutes.
2. Using your hands, untwist the connection.
3. Do not force the connection apart. This can break the tube.

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