

QUESTIONS:

**Fraser South Home Health
Care Offices**

Ladner Home Health Care
4470 Clarence Taylor Crescent
604-952-3553

Langley Home Health Care
#101 20651 56th Avenue
604-532-6514

Newton Home Health Care
1009 7495 132nd Street
604-572-5347

Surrey\North Delta
Home Health Care
#1500 13401 108 Avenue
604-953-4975

White Rock Home Health Care
Berkley Pavilion
15476 Vine Avenue
604-541-6800



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Home Health Care

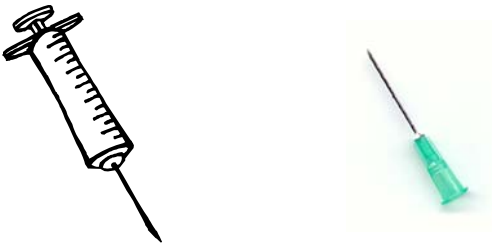
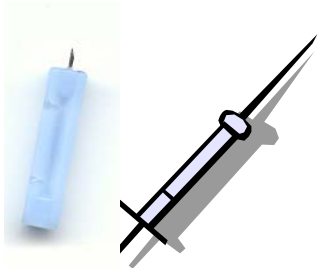
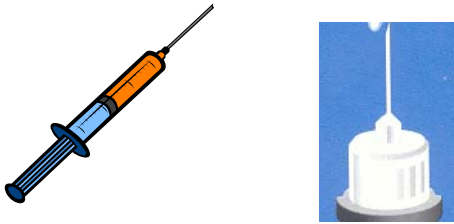
**The Safe Disposal of
Sharps at Home**

Adapted from: Vancouver/Richmond Health Board PE: 608
Revised Mar 2003 for Fraser South

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SHARPS ARE:

Needles, syringes with attached needles and disposable lancets.



AND READ

- **Do not put** sharps loose into household garbage.



- A loose needle or sharp object inside a trash can injure family members, the waste collectors or fall into the hands of children or other people.
- Don't break, bend, clip or recap used needles.
- Don't place sharp items in any containers that are recyclable or thin-walled e.g. aluminum cans, glass jars, plastic pop bottles, milk jugs or cartons.

- Don't place containers full of sharps in recycling bins.
- Don't flush sharps down the toilet.
- The best solution is to use a sharps disposal system from a pharmacy.

SAFE PRACTICES:

- Most pharmacies have special containers, which are designed to hold needles, syringes, lancets or any other sharp item.
- Check with your pharmacy to see if they offer safe disposal of used sharps.
- If you are unable to use a proper container for sharps, place sharp items in a thick plastic or metal container with a screw on lid e.g. bleach, fabric softener jug, or motor oil container.
- When container is $\frac{3}{4}$ full, add one tablespoon of bleach and 2 tablespoons of water to it, secure lid with strong tape (e. g. duct tape) and shake container gently.
- Clearly mark the container "sharps-dispose of properly".
- Place sealed container in regular garbage.