

Patient Handout

Transesophageal Echocardiogram (TEE)

Discharge instructions

You may experience a sore throat for 24 hours.

You have been given medicine to help you relax and must obey the following rules:

- * Do not drive a car for 24 hours.
- * Do not make any legal decisions for 24 hours.
- * No operating of machinery or instruments that require dexterity for 24 hours.
- * Because you have received a spray at the back of your throat before the procedure, it is important that you not eat or drink for 2 hours or until you can safely swallow without choking. Begin with water to be certain you can safely swallow.

If you experience any of the following:

- a) Coughing up blood.
- b) Vomiting blood or vomit that looks like coffee grounds.
- c) Pain in your chest.
- d) Difficulty breathing.
- e) Difficult swallowing.

Contact your Cardiologist, Dr. _Sayeh at 604 682-2344
between the hours of 8:00 am and 4:00 pm Monday to Friday.

If you cannot talk to a doctor right away go to the nearest emergency department or call 911.



Abbotsford Regional Hospital

General Day Care

32900 Marshall Road

Abbotsford, B.C. V2S 0C2

604-851-4700

Follow-up appointment:

Please phone your family physician
to be seen in _____.

Please phone your cardiologist's
office to be seen in _____
_____.