

## **Tube Feeding at Home Videos**

Home tube feeding education videos give you an overview of what tube feeding is, and what tube feeding might look like when you go home with a feeding tube.



Two ways to view the videos.

- Scan this QR code.
- Search "Tube Feeding" on our <u>Fraser Health YouTube channel</u>.

Here you will find these 4 videos:

- 1. Understanding Tube feeding (4:19 minutes)
  This video explains what tube feeding is, when tube feeding might be needed, how a feeding tube is inserted, and the 3 ways of tube feeding.
- 2. Tube Feeding at home (feeding pump) (4:37 minutes)
  This video walks you through the steps of tube feeding using a feeding pump. This is used for continuous or intermittent feeding schedules.
- 3. Tube feeding at home using gravity (4:38 minutes)
  This video walks you through the steps of tube feeding using the gravity method. This is most commonly used for intermittent feeding schedules.
- **4. Tube feeding at home using a syringe** (3:41 minutes)

  This video walks you through the steps of tube feeding using the gravity method. This is used for intermittent feeding schedules.

Your dietitian tells you which way to tube feed (pump, gravity, or syringe) and what type of feeding schedule to use (continuous or intermittent).

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