

Care at home

You might notice a small amount of blood in your stool, urine, or semen. This is normal and should go away within a few days.

Do not do any strenuous activities for 48 hours.

Take antibiotics as directed until they are gone. Resume taking your other medications unless told something different by your doctor.

If needed, take plain acetaminophen (Tylenol) for pain.

When to get help

Call your doctor if you have:

- Fever above 38.5°C (101°F)
- Aches and chills

Go to the nearest Emergency

Department if you have any of the following:

- Cannot pass any urine
- A large amount of bright red blood from your penis
- A large amount of bright red blood from your rectum

Locations

Abbotsford-Regional Hospital Medical Imaging 2 nd Floor, Fraser Wing 32900 Marshall Road, Abbotsford	604-851-4866
Chilliwack General Hospital Medical Imaging, Main Floor 45600 Menholm Road, Chilliwack	604-795-4122
Jim Pattison Outpatient Care and Surgery Centre Medical Imaging, 2 nd Floor 9750 140 th Street, Surrey	604-533-3308 ext. 63926
Langley Memorial Hospital Medical Imaging, Main Floor 22051 Fraser Highway, Langley	604-533-6405
Lions Gate Hospital Medical Imaging, Lower Level 231 East 15 th Street, North Vancouver	604-984-5775
Peace Arch Hospital Medical Imaging, Main Floor 15521 Russell Avenue, White Rock	604-531-5512
Richmond Hospital Medical Imaging, Main Floor 7000 Westminster Hwy, Richmond	604-278-9711
St. Paul's Hospital Medical Imaging, 2 nd Floor, Providence Building 1081 Burrard Street, Vancouver	604-806-8006
Surrey Memorial Hospital Medical Imaging, 1 st Floor, Lower Level 13750 96 th Avenue, Surrey	604-588-3308
UBC Hospital Medical Imaging, Main Floor 2211 Westbrook Mall, Vancouver	604-822-7076
Vancouver General Hospital GI/GU Department, Jim Pattison Pavilion Station 5, Ground Floor 855 West 12 th Avenue, Vancouver	604-875-4111 Ext 68612

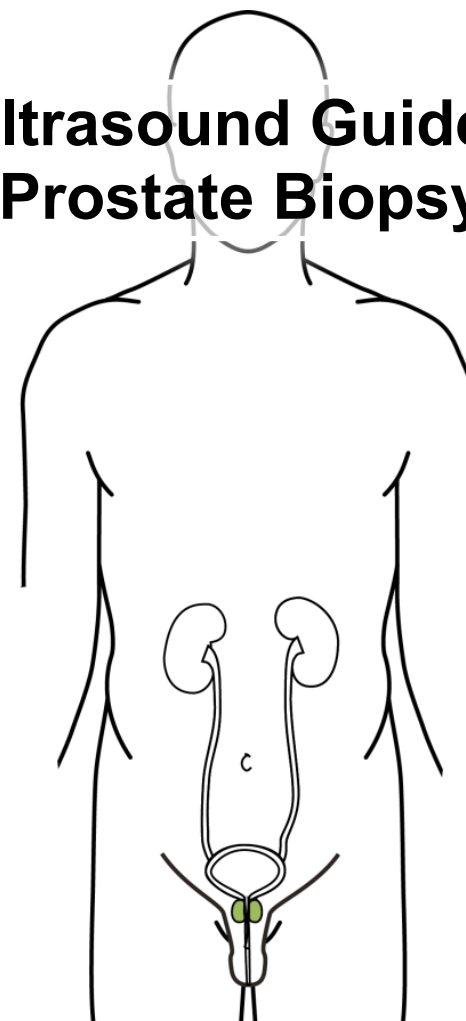
www.fraserhealth.ca – www.vch.ca

This information does not replace the advice given to you by your healthcare provider.

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Ultrasound Guided Prostate Biopsy



Follow-up Instructions/Appointment:

What is an Ultrasound Guided Prostate Biopsy?

A biopsy is a way of taking a small piece of tissue from your prostate.

A prostate biopsy is done to check for any abnormalities found during a rectal exam or when you have an increased PSA result.

We use ultrasound to locate the spot to biopsy. Depending on the area to be examined, up to 12 tissue samples can be taken. The samples are examined under a microscope for a diagnosis.

Who does the biopsy?

It is done by a radiologist (a doctor who specializes in image guided procedures).

Can I bring a relative or friend?

Yes, they can stay with you before and after the procedure. However, for reasons of safety and regulations, they cannot be in the room during the procedure. We will tell you where family members can wait.

What happens before the biopsy?

Our Medical Imaging Department contacts you with specific instructions on how to prepare for the biopsy.

Your doctor will tell you which **medications you must stop** taking before the biopsy.

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You might need to arrange for a 'responsible adult' to take you home after this procedure.

Check with the site where you are scheduled for your biopsy.

How long will it take?

It takes about 1 hour. Most people go home right afterwards. You might be asked to urinate before you leave.

What happens during the biopsy?

You lie on your side for this procedure.

The radiologist uses ultrasound to confirm the location of the prostate and the safest approach.

You are given numbing medicine to 'freeze' the two nerves entering the prostate.

An ultrasound probe and a biopsy needle are inserted into your rectum. The radiologist uses ultrasound to guide the biopsy needle into the prostate to collect the tissue samples.

You might feel some pressure when the biopsy needle is inserted.

It is important that you stay very still during the procedure.

Does it hurt?

It might sting or burn as the numbing medicine is injected. You should not feel any pain as the needle goes in. However, you might feel some pressure and discomfort as the tissue sample is taken. You might feel some soreness for a few days after.

Are there any risks or complications?

A prostate biopsy is generally a safe procedure. Complications are rare.

Any time the skin is pierced or cut, there is a chance of infection. Other possible complications include:

- bleeding at the site
- bleeding into the rectum
- bleeding into the bladder
- not able to urinate

You can ask questions about the risks before you sign the consent form.

When will I get the results?

The radiologist can tell you if there is enough tissue for testing.

To find out the results of the test, make an appointment with the doctor who asked for this test.

HealthLinkBC

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Call any time you have any questions or concerns. HealthLinkBC is open 24 hours.

Available in 130 languages.

For an interpreter, say your language in English. Wait until an interpreter comes on the phone.

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