

Take care of your personal items

You may bring personal toiletry items with you. Please label all personal items with your first name, last name and phone number.

The hospital is a public place with many people coming and going. We move patients from one location to another. Items can go missing.

Send all valuables, jewellery, personal identification, and money home.

Please leave your personal medications at home. Medication will be provided by the hospital while you are a patient.

Safety Alerts

Smoking is not permitted on any hospital property. Please talk to your doctor or nurse about concerns you have

The hospital is scent-free, fragrance-free, and latex-free. Please do not bring or use scented toiletry items

Prepare to go home

Our goal is for you to go home from the hospital as soon as possible. The plan for going home begins as soon as you are admitted to hospital. You may also hear this called 'discharge planning'.

Our staff will work with you and your family to make sure you have prescriptions as well as information about your care at home and follow up appointments.

Speak with your nurse if you have questions about going home.

www.fraserhealth.ca

The information in this document is intended solely for the person to whom it was given by the health care team.

Printshop # 262735 (March 2019)



Welcome to the Cardiac Care Unit

Surrey Memorial Hospital

Information for patients, families and visitors

N42 and N43 Cardiac Care Unit
13750 96th Avenue
Surrey, BC
V3V 1Z2

604-585 5503



The Cardiac Care Unit

The cardiac care unit is a critical care unit. You may hear it called the 'CCU' or 'telemetry' unit.

We specialize in caring for adults who:

- have acute illness related to their heart
- require heart monitoring
- require medication adjustment

We provide 'patient-focused, family-centered care'. This means we pay specific attention to who you are, what you prefer, what you can do for yourself, and what you need us to do for you.

Know your health care team

Your care team is a group of health care professionals skilled in cardiac treatments and symptom management. This team includes nurses, doctors, social workers, pharmacists, physiotherapists, occupational therapists, dieticians, patient care coordinators, and others.

We work with you and your family to:

- identify your health concerns
- develop a plan for your care
- help you care for yourself and achieve your healthcare goals
- get you ready to return home

Contact spiritual care

If you wish to see your own spiritual or religious leader, please contact them or ask your nurse to contact them on your behalf.

Involve your family and friends

We know it is important for your family and friends to hear how you are doing. Please give us the name and phone number(s) of one or two people who will act as 'contact person' for your family and friends.

The contact person:

- talks with the doctor and nurse regularly about your health and medical condition
- gives the details of your condition to other family and friends
- collects and gives well-wishes from family and friends

Ask questions

We encourage you, your family and friends to ask questions.

We may not be able to answer telephone calls or questions at the patient care stations during shift change times:

6:45 to 7:15^{AM}, 6:45 to 7:15^{PM}

Learn more about your health

Patient education resources about heart health, your heart condition and many other topics are available on the unit. Please ask your nurse about how you can view patient teaching videos or access printed materials.

Welcome visitors

Visitors can usually come at any time. Please limit visitors to 2 at one time because of limited space in patient rooms. Children may visit only with an adult. A patient lounge is located on the unit. Please enjoy the television and keep the area tidy so that others can enjoy it as well.

We may restrict visiting to prevent the spread of infection or give patients rest and quiet.

Attention visitors:

- Do not bring any scented flowers
- Do not use scented products such as perfume or cologne
- Please do not leave children or pets to be cared for by the patient or alone in the lounge area