

What to bring

- comfortable, washable clothing
- glasses and case
- dentures and case
- hearing aids and spare batteries
- shoes and slippers, both with non-slip soles
- Toiletries such as:
 - toothbrush, toothpaste
 - deodorant, hairbrush
 - shaving kit
- Electronic devices such as:
 - cell phone, tablet, radio

How long will I stay?

Every person is different. The program is adjusted to your needs. Usually, people will need 6 to 8 weeks of recovery and sometimes stay up to 16 weeks.

As your strength and mobility improves, you are expected to leave the unit on a pass to give you a chance to practice what you learned in this program in your home setting

Convalescent Care Locations

We have 3 Convalescent Care units across the Fraser Health region.

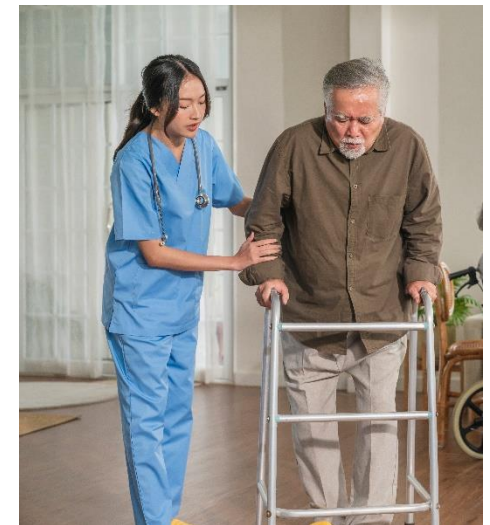
Laurel Place 9688 137A Street Surrey, B.C.	604-582-6336
Morgan Place 3288 156A Street Surrey, B.C.	604-535-7328
Menno Hospital 32945 Marshall Road Abbotsford, B.C.	604-859-7631

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #255688 (July 2023)
To order: patienteduc@fraserhealth.ca

Welcome to our Convalescent Care Program

The Fraser Health logo, featuring a stylized orange heart shape with a blue swoosh and the text 'fraserhealth' in blue lowercase letters.

What is Convalescent Care?

Convalescent care is for people who no longer need the supports of the hospital but not yet recovered enough to go home.

Your care team will help you gain the strengths and abilities you need to return home. The team makes sure you have the right equipment, resources, and supports.

Who will be caring for me?

You can expect a variety of care providers, depending on your care needs.

The care team

Nursing staff	Dietitian
Occupational Therapist	Physical Therapist
Rehabilitation Assistant	Social Worker

A Convalescent Care doctor will oversee your medical care while you are in the program.

What to expect

We start planning for your return home as soon as you arrive on the unit. We work with you and your family to achieve your healthcare goals. You can expect:

- slow-paced rehabilitation
- 15 to 30 minutes of daily exercise in group or individual sessions.

Is there a cost?

The Convalescent Care Program cost is \$_____ each day.

We ask you to sign a form agreeing to pay the daily rate of service before you move to the Convalescent Care Program.

What is not covered in the cost?

You will also be responsible for the cost of other items that may apply such as:

- Transportation to and from hospital & appointments
- Medication not covered by PharmaCare
- Specialty equipment such as wheelchair, walker, etc.
- Specialty mattress
- Specialty wound care products
- Companion Services

Concerned about cost?

If you feel that paying the daily rate for Convalescent Care would cause you serious financial hardship, you can apply for a 'temporary rate reduction'. Your care team in the hospital can help you with the application form.