

What to bring...

- washable clothing
- walking shoes
- personal items
 - hearing aids, spare batteries
 - dentures
 - glasses
- cell phone
- books

Visiting Hours

Visiting hours vary at each site. We encourage your family and friends to visit regularly, but only for short periods. This is so you have enough time for rest and exercise as well as social activities. As your strength and mobility improve, you can expect to go out on passes with your family and friends.

Convalescent Care Locations

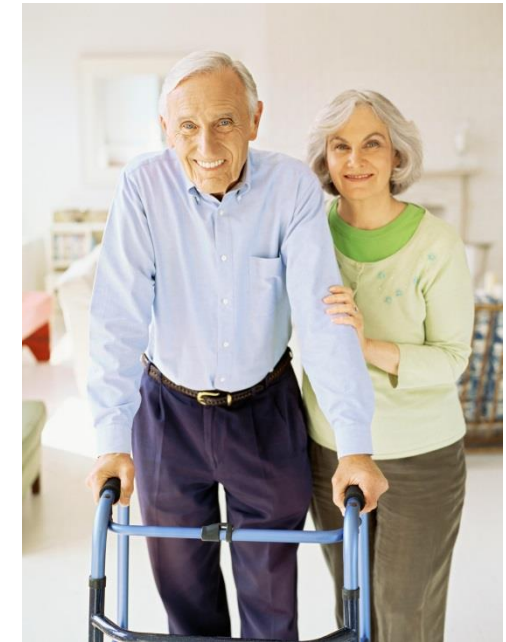
There are five locations across Fraser Health. Some are operated by us and others are privately operated. We try to place you in a location as near to your home as possible. However, to support your goals of care, we might ask you to accept Convalescent Care outside your home community.

Laurel Place 604-582-6336
9688 137A Street
Surrey, BC V3T 4H9

Morgan Place 604-535-7328
3288 156A Street
Surrey, BC V3Z 9T1

Cottage and Worthington 604-870-7999
33457 Cottage Lane
Abbotsford, BC V2S 0B1

Cheam Village 604-796-3886
1525 MacKay Crescent
Agassiz, BC V0M 1A3



George Doyle/Gettyimages.ca

**Welcome
to the
Convalescent
Care Program**

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #255688 (June 2019)
To order: patienteduc.fraserhealth.ca



Convalescent Care Program

Transitioning From Hospital to Home

Convalescent Care is mainly for older adults recovering from an acute illness or injury and need a little extra care before they can return home.

You have been selected as someone who could benefit by taking part in our Convalescent Program.

While in the Convalescent Care Program, your care team will help you regain your strength, mobility, and independence. The team makes sure you have the right equipment, resources, and supports to help you return home. Most people need only a few weeks in the Convalescent Program to meet their goals of care and return home.



CC0 925676/Pixabay.com

Taking part in your recovery

The key to your success while in the Convalescent Care Program is being active. Your care team work with you to plan your goals of care. We expect you to take part in both group and individual sessions planned for you.

Medical Support

Our Convalescent Care doctor and/or nurse practitioner oversees your medical care while you are in the Program. We keep your family doctor informed of your progress.

Cost

The Convalescent Care Program cost is \$_____ per day.

Before being moved to the Convalescent Care Program, we ask you to sign a form agreeing to pay the daily rate of service.

We also ask you to pay the cost of other items that might be needed in your care such as:

- transportation to and from hospital and appointments
- wound dressing supplies
- medication
- personal effects/toiletries
- special mattress
- special wheelchair

Concerned about cost?

If you feel that paying the daily rate for Convalescent Care would cause you serious financial hardship, you can apply for a 'temporary rate reduction'. We will help answer your questions and help you with the application form.