

While in the hospital

Most people return to 2 North unit to recover from this procedure.

Here is what you can expect:

- You will be drowsy.
- You will be in bed for 6 hours.
- You will be connected to a heart monitor.
- When you are more awake, you will be able to eat.

The next morning you can expect to:

- have breakfast
- get bloodwork
- have an echocardiogram
- be taught by your nurse how to care for yourself at home

Your nurse gives you instructions for care at home. You can read them ahead of time if you want.

- Go to patienteduc.fraserhealth.ca and search “Quick Guide After TAVI”, or
- Scan this QR Code.



Relatives and friends can call the 2 North unit to see how you are doing.

604-520-4052

For more on what to expect before, during, and after your TAVI, see the guide “TAVI What to Expect” on patienteduc.fraserhealth.ca



Care at home

It is important that you get up and get moving as much as possible without making yourself feel unwell.

Arrange to see your family doctor or nurse practitioner in 1 week.

Arrange to see your heart specialist (cardiologist or internist) in 6 to 8 weeks.

We arrange for you to return to the hospital in 6 to 12 weeks for:

- an echocardiogram
- an appointment to see the Mitral Valve doctor

Remember: Always to tell your dentist that you have an artificial heart valve.

When you have questions

Talk to your family doctor.

Speak to a nurse at Fraser Health Virtual Care 10:00 a.m. to 10:00 p.m. daily.

Phone: 1-800-314-0999

Live chat: fraserhealth.ca/virtualcare

Speak to a nurse after hours at HealthLinkBC.

Phone: 8-1-1 (7-1-1 hearing impaired)

Online: HealthLinkBC.ca

A QR code (short for ‘quick response’ code) is a type of barcode that you scan with your smart device’s camera. Once scanned, it takes you to that web page.

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

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To order, visit patienteduc.fraserhealth.ca

While Waiting for Your Transcatheter Aortic Valve Implantation

Royal Columbian Hospital

330 East Columbia Street
New Westminster, B.C.

A quick guide on what to expect

Transcatheter Heart Valve Coordinator

Phone: 604-520-4392

Press 2 or say “TAVI”

Call if you have questions or concerns about the procedure.



Before the procedure

Someone from our Transcatheter Heart Valve office will call you and let you know the date for your procedure.

Once you have a date, expect:

- a call or appointment with our Pre-Admission Clinic nurse
- speak with an anaesthesiologist
- to go for blood tests

While waiting for the procedure, keep track of your symptoms.

Contact your family doctor or heart specialist if your symptoms get worse.

Call 9-1-1 if you get either of these things:

- chest pain that is new or does not go away with rest or nitro spray
- shortness of breath all the time

Call, or ask someone to call, the Transcatheter Heart Valve Coordinator and let us know your symptoms are getting worse.

Arrange for someone to:

- Bring you to the hospital and take you home after the procedure.
- Stay with you for the first night at home after the procedure.

If you do not speak or understand English well enough to have medical conversations, let us know. We will arrange for a medical interpreter. You do not pay for this service. You are welcome to bring a relative or friend who speaks English to appointments. They will not be able to be with you during the procedure.

Prepare for the procedure

Plan to stay in the hospital for 2 nights. You come to the hospital the night before the procedure and go home the day after the procedure.

If you take certain blood thinners, you need to stop taking them a number of days before your procedure, unless your doctor has told you something different.

Days before procedure	Stop taking
5 days	warfarin
3 days	apixaban rivaroxaban dabigatran edoxaban

Note: If you take warfarin, your doctor might direct you to take a different blood thinner while not taking warfarin.

What to bring to the hospital

Bring the following items with you:

- your BC Services Card
- all the medicines you normally take
- toothbrush and toothpaste
- dressing gown
- slippers

If you wish, you can bring a phone and/or a tablet.

The day before you come to the hospital

At 11:00 a.m., call the hospital unit, 2 North, to find out what time to arrive the next day. **604-520-4052**

The day you come to the hospital

Take your other medicines, including if you take these medicines:

- ✓ acetylsalicylic acid (aspirin)
- ✓ clopidogrel
- ✓ ticagrelor

If you have any questions about what medicines to take or not take and when, call your doctor or the Transcatheter Heart Valve Coordinator.

When you arrive

Go directly to Patient Registration.

Patient Registration is located in the main lobby on Level 1 of the Health Care Centre building (Green Zone).

The night before the procedure

You are not to have anything to eat after midnight (12:00 a.m.).

Your nurse lets you know what medicines you can or cannot take from the time you arrive on the unit until after the procedure.