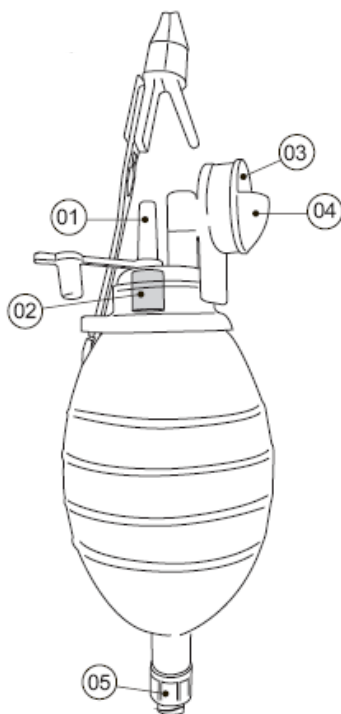


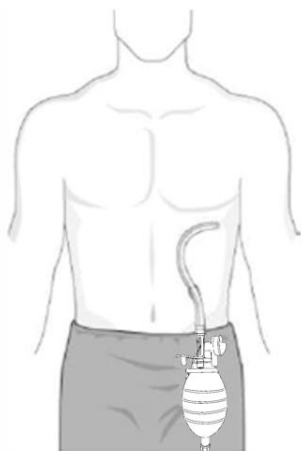
Your P-Eggy Chest Drain Valve

- 01 Connector for chest tube
- 02 One-way valve to stop fluids from going back into your chest
- 03 One-way valve for air to go out of your chest
- 04 Air leak well to check for air leaks
- 05 Port for emptying fluid



You are ready to go home but still need your chest tube. There is a small device called a P-Eggy attached to the end of your chest tube. The P-Eggy helps your lung get better.

The P-Eggy is a type of chest drain valve. The valve goes one way and lets air and a small amount of fluid out of your chest as your lung heals. The fluid goes into the bulb (the round part) of the P-Eggy.



Attaching your P-Eggy

Use the clothing clip to attach your P-Eggy to your clothes. Keep the P-Eggy in an upright position as much as possible. If there is fluid in the bulb, it may leak from the valve when you lie down. If fluid leaks, clean your P-Eggy using a damp clean towel and use a clean cotton swab to dry the valve.

Changing your bandage

The bandage around your chest tube needs changing every few days or when your doctor says it needs to be changed. You will either visit a Home Health Clinic or have a home health nurse come to your home to change your bandage. They will also check your chest tube.

Showering or bathing

Do not submerge the tube or P-Eggy in water. Keep the bandage dry. Do not take a shower, bath, hot tub, or go swimming with your chest tube in. Have a sponge bath instead.

Keeping your P-Eggy dry

Keep your P-Eggy clean and dry. Be sure the tubing stays firmly attached to the end of your chest tube. If fluid leaks, clean off your P-Eggy and use a cotton swab to dry the valve.

Emptying your P-Eggy

Sometimes we ask patients to empty their own P-Eggy. If we ask you to empty it, please follow these instructions.

Empty your P-Eggy before it is full of fluid so it does not leak.

The hospital provides these items:

- Syringes to empty the fluid
- Alcohol swabs to clean the drainage port when emptying
- Paper to write down the amount of fluid removed

Follow these steps to empty it:

1. Clean the port on the bottom of the P-Eggy with an alcohol swab. Allow it to dry.
2. Firmly screw the syringe onto the port on the bottom of the P-Eggy. If possible, use a new syringe each time.
3. Slowly pull the plunger on the syringe so the fluid goes into the syringe.
4. When the syringe is full, unscrew it. Check how much fluid is in the syringe. Write down the amount of fluid removed.
5. Empty the fluid into the toilet.
6. Repeat as necessary.

Keep the paper of how much fluid you remove. Your doctor or nurse practitioner might ask you for it.



Safety

The tube of your P-Eggy must stay attached to the end of your chest tube.

- If it falls off, reconnect it immediately and tape it in place.
- If it falls off and you cannot get it back together, go to the nearest hospital emergency department.

Any time you have questions contact your home health nurse, doctor, or nurse practitioner.

If you have sudden changes in breathing, chest tightness, or shortness of breath, please return to the emergency department.

Reminders

- Deep breathe and cough 3 times every 30 minutes.
- Do gentle range of motion exercises
- Do not do any high-risk activities or sports until your doctor or nurse practitioner says it is okay.

Follow-up

Your follow up appointment is:

Location: _____

Date: _____

Time: _____

Adapted with permission from “Going Home with a Pneumostat Chest Drain Valve” (2020), UHN Patient Education & Engagement.

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