

Can I get virtual appointments?

Some family practitioners offer virtual appointments so you can meet by phone or video. If you have a valid BC Medical Services Plan, there is no cost to you for virtual appointments.

Services vary. Some offer medical advice, renew prescriptions, and refer to specialists. Connect with the provider to ask if they offer the services you need.

Medimap
medimap.ca



Pathways Medical Care
pathwaysmedicalcare.ca



VirtualClinic+
virtualclinics.ca



VivaCare Telehealth
vivacare.ca



We list these providers for your convenience. This means this is not a complete list, nor do we endorse these providers.

How can I find other health services?

Connect with Fraser Health Virtual Care to speak with a registered nurse 10:00 a.m. to 10:00 p.m., every day.

Call: 1-800-314-0999

Web chat:
fraserhealth.ca/virtual_care



Check the HealthLinkBC Directory to find health services, such as walk-in clinics, mental health and addiction treatment programs, home care programs, pharmacy services, laboratory services, and more.

tinyurl.com/healthlinkbcdirectory



www.fraserhealth.ca

This information does not replace the advice given to you by your health care provider.

Catalogue #267443 (April 2022)
To order, visit patienteduc.fraserhealth.ca

Finding a family practitioner



Family practitioners refer to family doctors or nurse practitioners

 **fraserhealth**

Why have a family practitioner?

Family practitioners can help you with your everyday health needs. They focus on your physical and mental health. They can help you live a healthy life.

Family practitioners can do all of these things:

- Get to know you, your family, and your medical history.
- Give you information to help you make decisions about your health.
- Help you prevent or manage health conditions.
- Refer you to other healthcare providers, including medical specialists or therapists.
- Advise you when to check for different conditions, such as cancer or diabetes.

We have included QR codes (short for 'quick response' code) for people with smart devices, such as smartphones and tablets. A QR code is a type of barcode that you scan with your smart device's camera. Once scanned, it takes you to that web page.

How do I find a family practitioner?

Check the Divisions of Family Practice to see if your division can connect you with a family practitioner.

divisionsbc.ca

Select *Divisions in BC*.

Scroll down to select your city or region.



Check HealthLinkBC* to see if your community is part of the Health Connect Registry. The registry can help connect you to a family practitioner.

Call: 8-1-1 (TTY 7-1-1)

healthlinkbc.ca/health-connect-registry

*HealthLinkBC is available in 130 languages. For an interpreter, say your language in English. Wait until an interpreter comes on the phone.



Check with a Fraser Health Urgent and Primary Care Centre to see if they can connect you with a family practitioner.

Find an Urgent and Primary Care Centre near you.

tinyurl.com/fraserhealthupcc



Ask your family or friends about their family practitioner. A family practitioner might take you as a new patient if their existing patient refers you.

Ask your therapist (such as your physiotherapist or massage therapist) if they know any family practitioners taking new patients.

Ask at a walk-in clinic if their family practitioners are taking new patients.

To find a family doctor

Check the College of Physicians and Surgeons of BC.

cpsbc.ca

Under *Search registrant directory*, enter your city or town.

Select *Search*.



To find a nurse practitioner

Check the BC College of Nurses and Midwives.

bccnm.ca

Select *Search for a nurse*.

Select *Nurse Type*.

Under *Step 2*, select *Nurse Practitioner*.

Click beside *I'm not a robot*.

Select *Search*.

