
Who Can make a Referral ?

Referrals are accepted from anyone; however, before an appointment can be scheduled to see a member of the Senior's team, physician consent is obtained.

Referral Forms can be obtained by contacting Elderhealth at

Phone: (604) 952-7371
Fax: (604) 952-7362

Hours of operation are:

9:00 am - 5:00 pm
Monday, Tuesday, Wednesday

Where is it Located?

Delta Elderhealth services is located at the Outpatient clinic at Delta Hospital

Delta Hospital
5800 Mountainview Blvd.
Delta, BC

Telephone: (604) 952-7371
Fax: (604) 952-7362

Delta Elderhealth is a collaborative initiative within Fraser Health. The Outpatient clinic staff collaborate with both hospital and community health care providers to support the needs of South Delta Seniors.



DELTA

ELDERHEALTH

SERVICES

Outpatient Clinic
Delta Hospital

Assessment,
Treatment and
Evaluation

Telephone: 604-952-7371

Services Provided

- Team approach to care through outpatient programs:
 - Dementia Clinic
 - Early assessment, treatment and follow up.
 - Client and family support
 - Caregiver counseling, education and linkage with community programs
 - Continence Promotion
 - Chronic disease education, information and management
 - Falls & Injury Prevention
 - Education and assessment
 - Equipment and assistive device information
 - Medication education, information, simplification and management
 - Dietary counseling
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Eligibility

- Residents of South Delta, usually 65 years and older and who have one or more of the following common geriatric syndromes:
 - Memory Impairment
 - Depression
 - Complex medical issues
 - Continence issues
 - Falls (one or more in last 6 months) / decline in mobility
 - Frailty
 - Functional decline: Malnutrition or a recent change in ability to live independently or care for oneself as a result of changes in physical and/or mental health
 - Multiple medications.
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Goals of the Program

- **To assist** the elderly to achieve and maintain an optimal level of functioning and independence, thereby improving their quality of life.
 - **To prevent** premature and inappropriate admission to hospitals and long term care facilities.
 - **To support** families, caregivers and health professionals in planning for the continuing care of the elderly who are in need of assistance and to make appropriate use of resources.
 - **To improve** older adults' abilities to manage complex health conditions.
 - **To collaborate** with other healthcare providers and the community in the development of geriatric programs.
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