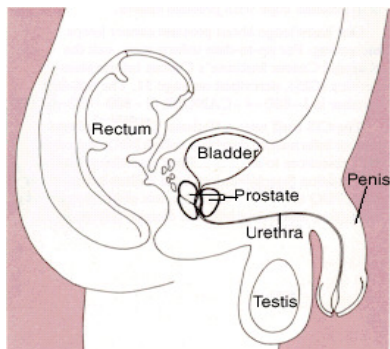


Name: \_\_\_\_\_



This picture shows the prostate and nearby organs.

### Why do I need prostate surgery?

- Your doctor has examined you and your prostate gland is blocking your urine flow
- The bladder collects urine and the urine passes through the urethra
- The prostate gland is the size of a walnut and wraps around the urethra
- When the prostate gland gets too big the urine cannot flow easily

### What is Laser Prostate Surgery?

- The doctor uses a green light laser to vaporize the extra tissue that has formed around your urethra
- The laser causes very little blood loss
- There is less chance of impotence
- There is less chance of urine leaks after the surgery
- You will probably go home the same day as your surgery

### What can I expect?

- You will stay in the hospital for 3 to 4 hours after your surgery
- You will have a tube that runs from your bladder, through your penis to a bag that will collect your urine

- You will have some blood in your urine
- Your doctor wants you to remove your catheter on \_\_\_\_\_
- The tissue will take some time to shrink
- You may have some problems passing your urine
- The urethra will open and become larger
- Your urine will flow more easily over the next 6 weeks

### **For the next week:**

Do not drink alcohol Do not drink coffee, cola or drinks with caffeine Do not Smoke Do not lift over 20 pounds Do not have sex
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### **What if I have pain?**

You may take over-the-counter medicine such as acetaminophen (Tylenol) and ibuprofen (Motrin, Advil) unless your doctor or nurse tells you not to

- Be sure to follow the directions on the medicine bottle.
- Be sure to take all of your antibiotics as directed on the medicine bottle

### **Contact your surgeon or family doctor if you:**

- Cannot pass urine 4 hours after you take the catheter out
- Have a fever of 38° C or 100.4° F
- Have an increase in bleeding or pass clots in your urine

#### **Questions or Concerns:**

Health Link BC: 811  
(604) 215-2400

Hearing Impaired: 1 866 889-4700

Or, contact your physician

**In an Emergency:** Call 911 or go to the hospital emergency room