

Patient Name: _____

Phone # : _____

Patient label if available

Out Patient Referral Form

Respiratory COPD
Clinic

Respiratory Adult
Asthma Clinic

Physician Name: _____

Physician Signature: _____

Fax referral to:

604-851-4774

For Questions please call:

(604) 851- 4700 ext. 642215



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Respiratory Education

Abbotsford Regional Hospital and
Cancer Centre



Respiratory Education

Clinic Overview

The Respiratory Education Clinic at Abbotsford Regional Hospital and Cancer Centre is designed for people diagnosed with chronic lung conditions such as Asthma, COPD (Emphysema, Chronic Bronchitis) and Fibrosis.

During your visit you will receive the education and support shown to be helpful in improving the breathing of people who have chronic lung conditions

Program Content

Depending on your specific needs, content may involve:

- ✚ Inhaler Use and Technique
- ✚ How the Lungs Work
- ✚ Early Infection Recognition
- ✚ Environmental Impact
- ✚ Breathing Techniques and Strategies.
- ✚ Developing a Care Plan
- ✚ Importance of Exercise
- ✚ Peak Flow Monitoring for Asthmatics
- ✚ Smoking Cessation
- ✚ Providing Other Resources as Needed.
- ✚ Follow-up appointments as needed.

What to Expect

The initial appointment will be about one hour in length, and is on a one-on-one basis with a Respiratory Therapist (RT).

The RT will record the patient's respiratory history and may assess:

- ✚ Breath sounds
- ✚ Oxygen level at rest and while walking
- ✚ Heart rate
- ✚ Overnight oximetry
- ✚ Simple spirometry (Lung testing)

Follow-up appointments are scheduled during the initial appointment. These appointments will address immediate needs, determine reassessment needs and provide additional education or resources where needed.